



Cognitive Decline and Dementia: Physical, Cognitive and Mental Health in Older Adults

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Message from the Guest Editors

Cognitive impairment is considered a public health problem due to its high prevalence, the socioeconomic burden it causes and the impact it has on patient quality of life. Cognitive impairment is characterized as a risk factor for the development of dementias that are just as disabling worldwide owing to the association of cognitive function at lower levels with reduced functional capacity, alterations in mood or behavior, and impaired cognitive functions. Hence, it is necessary to study the different associations related to these diseases and to test different strategies that improve the physical, mental and cognitive health of people with cognitive impairment or dementia.

This Special Issue of the *Journal of Clinical Medicine* (JCM) will address the current state of the knowledge on the links between cognitive impairment and dementia with the physical, mental and cognitive health of older adults. We are eager to publish original research papers and reviews. Researchers are also encouraged to submit manuscripts studying new approaches to or strategies for the management of cognitive impairment and dementia.





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