

## Special Issue

# Extensive Approach to Atrial Fibrillation: Background and Future Perspectives

### Message from the Guest Editors

This Special Issue is focused on atrial fibrillation, aiming to assess the complex interactions between prevention, prognostic and metabolic markers and therapies of atrial fibrillation (AF) from a comprehensive point of view. AF management cannot be limited to stroke prevention by anticoagulants and rhythm/rate control by drugs and/or transcatheter ablation. Increasing evidence has demonstrated the importance of a more extensive management and international guidelines have highlighted the importance of comorbidities optimization and risk factors management to improve symptoms and to reduce AF burden and complications. The final goal is to slow disease progression or even, ideally, avoid AF. On top of well-known factors, new parameters such as alcohol consumption, physical activity, social stress, lipid profile, diabetes, obstructive sleep apnea, and genetics are emerging. In this Special Issue we are aiming to collect articles focusing on comprehensive approaches to AF. Moreover, we seek scientific works which transfer this knowledge in therapeutic actions, overcoming the standard electrophysiological management of AF.

---

### Guest Editors

Prof. Dr. Matteo Anselmino

Division of Cardiology, "Città della Salute e della Scienza di Torino" Hospital, Department of Medical Sciences, University of Turin, 10126 Torino, Italy

Dr. Henri Xhakupi

Division of Cardiology, "Città della Salute e della Scienza di Torino" Hospital, Department of Medical Sciences, University of Turin, 10126 Torino, Italy

---

### Deadline for manuscript submissions

closed (31 January 2025)



## Journal of Cardiovascular Development and Disease

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.3  
CiteScore 3.7  
Indexed in PubMed



[mdpi.com/si/136855](https://mdpi.com/si/136855)

*Journal of Cardiovascular  
Development and Disease*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcdd@mdpi.com](mailto:jcdd@mdpi.com)

[mdpi.com/journal/  
jcdd](https://mdpi.com/journal/jcdd)





# Journal of Cardiovascular Development and Disease

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.3  
CiteScore 3.7  
Indexed in PubMed



[mdpi.com/journal/  
jcdd](https://mdpi.com/journal/jcdd)



## About the Journal

### Message from the Editor-in-Chief

The primary goal of the *Journal of Cardiovascular Development and Disease (JCDD, ISSN 2308-3425)* is to provide cardiovascular scientists a platform to publish their work in a quick and efficient way. Topics can range from studies designed to decipher the events underlying early heart development to studies focusing on the origins of congenital and acquired heart disease. Papers submitted to *JCDD* undergo a fast, yet thorough, peer-review process. In this process, we will apply strict ethical policies and standards. *JCDD* guarantees fast dissemination of results to a large scientific audience.

---

### Editor-in-Chief

Prof. Dr. Thomas Brand  
National Heart & Lung Institute, Imperial College London, South  
Kensington Campus, London SW7 2AZ, UK

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q2 (Cardiac and Cardiovascular Systems) /  
CiteScore - Q2 (General Pharmacology, Toxicology and  
Pharmaceutics)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 24.7 days after submission; acceptance to publication is undertaken in 3.6 days (median values for papers published in this journal in the second half of 2025).