

## Special Issue

# Innovations in Rehabilitation to Enhance Abilities and Quality of Life

### Message from the Guest Editor

The global population is aging rapidly, with individuals aged 60 and older now outnumbering children in many countries. According to UN projections, by 2030, one in six people globally will be aged 60 or older. This shift is driven by longer life expectancies and declining birth rates. Additionally, advances in healthcare, nutrition, and living standards mean that people are living longer.

Healthy aging is becoming a priority, with efforts underway to extend working lives and improve quality of life. One way in which aging individuals have been able to enjoy improved abilities and quality of life is through innovative rehabilitation efforts.

Rehabilitation services are essential in helping an individual adapt to new physical and psychological challenges and cope with chronic conditions and in enhancing the quality of life for individuals and their care partners as they face various health challenges. This Special Issue will focus on cutting edge innovations in the rehabilitation field and their impact on quality of life and functional outcomes.

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### Guest Editor

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