

## Special Issue

# Bioactive Phytochemicals and Functional Food Ingredients in Fruits and Vegetables 2016

### Message from the Guest Editors

Dietary guidelines around the world recommend the increased consumption of fruits and vegetables, as good sources of dietary fiber, essential nutrients, and phytochemicals, to improve global health and reduce chronic disease risk. A diet rich in fruits and vegetables is indeed associated with a lower incidence of several degenerative pathologies, including obesity, diabetes, cardiovascular diseases, and cancer. In the last few years, numerous studies have demonstrated a wide range of biological properties and healthy benefits exerted by dietary phytochemicals, highlighting their beneficial role both in the prevention and in the treatment of several diseases. At the same time, functional foods have gained an enormous interest all around the world. The main aims of the Special Issue is to be an open forum where researchers may share their investigations and findings in this promising field.

### Guest Editors

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### Deadline for manuscript submissions

closed (31 December 2016)



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The International Journal of Molecular Sciences (*IJMS*, ISSN 1422-0067) is an open access journal, which was established in 2000. The journal aims to provide a forum for scholarly research on a range of topics, including biochemistry, molecular and cell biology, molecular biophysics, molecular medicine, and all aspects of molecular research in chemistry. *IJMS* publishes both original research and review articles, and regularly publishes special issues to highlight advances at the cutting edge of research. We invite you to read recent articles published in *IJMS* and consider publishing your next paper with us.

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### Editor-in-Chief

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