### **Special Issue**

# Nutraceuticals in Cardiovascular and Metabolic Diseases

#### Message from the Guest Editors

Nutraceuticals exert promising health-promoting effects, both for prevention of disease and to support current therapies, as observed in preclinical and clinical studies. The reduction of oxidative stress is one of the target mechanisms common to many nutraceuticals, but compelling evidence has also shown the ability of these molecules to modulate additional signalling, such as cell clearing systems, mitochondrial metabolism, and nutrient sensing pathways, which are usually dysregulated in cardiovascular and metabolic diseases. However, many aspects concerning the use of nutraceuticals in human diseases should be further clarified. Plasma bioavailability and tissue distribution after intake are not well characterized for many nutraceuticals, and the molecular mechanisms underlying their beneficial effects are not fully understood. The identification of new nutraceuticals in natural sources is also encouraged. This Special Issue will focus on the role of nutraceuticals in cardiovascular and metabolic diseases. We invite authors to submit original articles covering studies performed as basic research, pre-clinical models of diseases and review articles.

#### **Guest Editors**

Dr. Maurizio Forte

Department of Angiocardioneurology and Translational Medicine, IRCCS Neuromed, 86077 Pozzilli, Italy

Dr. Albino Carrizzo

Department of Medicine, Surgery and Dentistry "Scuola Medica Salernitana", University of Salerno, 84081 Baronissi, Italy

#### Deadline for manuscript submissions

closed (20 January 2023)



# International Journal of Molecular Sciences

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International Journal of Molecular Sciences Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 ijms@mdpi.com

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#### Message from the Editor-in-Chief

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#### **Editor-in-Chief**

#### Prof. Dr. Maurizio Battino

Department of Odontostomatologic and Specialized Clinical Sciences, Sez-Biochimica, Faculty of Medicine, Università Politecnica delle Marche, Via Ranieri 65, 60100 Ancona, Italy

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