Special Issue

Genetic Markers in Sleep Disorders

Message from the Guest Editor

Sleep is a fundamental physiological process with important restorative functions that are essential for optimal day-time functioning. Insufficient or poor-quality sleep has been associated with neurocognitive impairments, end-organ dysfunction, and chronic health conditions. The proposal of this Special Issue is to understand and to identify a genetic marker that may contribute to sleep disorders in both adults and children and is gained either from singular or multiple markers. The information obtained by such a non a priori approach offers an extraordinary opportunity to fully characterize biological processes in terms of pathophysiology and health outcomes.

Guest Editor

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Editor-in-Chief

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