

Special Issue

Flavonoids and Other Polyphenols in Health and Disease

Message from the Guest Editors

In recent years, we observed a rise in the prevalence of non-communicable diseases such as cardiovascular diseases, cancer, and neurodegenerative diseases underlined by subclinical inflammation and oxidative stress. Certainly, a high intake of processed foods deprived from healthy nutrients like polyphenols played a role in the higher prevalence of chronic diseases. Therefore, the aim of this Special Issue is to increase evidence on the effects of polyphenols and polyphenol-rich foods on non-communicable diseases by improving our understanding of their beneficial mechanisms, which in turn may contribute to the development of novel therapies. We welcome the submission of original contributions, including experimental studies, clinical trials, and observational studies, as well as reviews of published literature exploring and summarizing the effect of polyphenol-rich foods, individual polyphenols, and their metabolites toward non-communicable diseases, including cardiovascular diseases, cancer, and neurodegenerative diseases.

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