Special Issue

Advances in Nano-Based Drug Delivery and Theranostic Systems

Message from the Guest Editors

Recent advancements in nano-engineered materials have revolutionized drug delivery and theranostics in healthcare, enabling precision medicine with improved efficacy and reduced side effects. Lipid-based, polymeric, and inorganic nanoparticles facilitate the delivery of a wide range of therapeutics, including chemotherapy agents, RNA-based treatments, and biologics. Hybrid nanoparticles, engineered with dual functionality, enhance disease detection while ensuring precise treatment. Novel innovations integrate therapy with real-time diagnostics where nanoparticles are engineered to be functionalized with imaging agents, such as fluorophores, quantum dots, or magnetic nanoparticles, allowing simultaneous drug delivery and disease monitoring in various disease conditions. Additionally, stimuli-responsive nanoparticles facilitate the systemic release of drugs in response to physiological conditions, such as pH, temperature, or enzymes, thereby optimizing therapeutic outcomes. As nanotechnology advances, personalized medicine and targeted drug delivery systems will continue to evolve, revolutionizing healthcare with more effective treatments and improved patient outcomes.

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