

Special Issue

Molecular and Cellular Mechanisms of Synchronization within the Mammalian Circadian System

Message from the Guest Editors

In mammals, many brain and body rhythms are driven by a circadian system. The circadian system comprises three key components, the circadian rhythm generator located in the suprachiasmatic nucleus (SCN); the input pathways entraining the SCN to rhythmic events in the environment, the so-called “zeitgeber”; and output pathways mediating rhythmic signals from the SCN to subordinate oscillators within the brain and the periphery. The most prominent zeitgeber adjusting SCN timing is the environmental light/dark cycle. Light is received by the retinal photoreceptors and transmitted to the SCN. Rhythmic cell function in the SCN, retina and subordinate oscillators is driven by a molecular clock, which is composed of transcriptional/translational feedback loops of clock genes acting as transcriptional regulators. The light-resetting mechanism of the SCN molecular clock involves the activation of kinases and transcription factors and the expression of clock genes such as the periods (*Per*). This Special Issue is devoted to the various mechanisms of the synchronization of rhythmic behaviour and physiology.

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