

## Special Issue

# Molecular Research on Aging: How Can We Live Beyond 100 Years?

### Message from the Guest Editor

Aging is defined as a multinomial process that includes its initial causes, the complex changes that occur during middle life, and the late-life factors contributing to mortality. As we age, we experience progressive changes such as thinner skin, stiffer blood vessels, and muscle loss, which can lead to terminal phases of aging. These intricate processes, characterized by multiple rounds of physiological and pathological changes, contribute to the causes of death. It is reasonable to predict that with the biological interventions of aging, an increasing number of people can live beyond 100 years old. Accordingly, this Special Issue will explore various molecular research studies aimed at gaining a better understanding of human aging.

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### Guest Editor

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### Message from the Editor-in-Chief

The International Journal of Molecular Sciences (*IJMS*, ISSN 1422-0067) is an open access journal, which was established in 2000. The journal aims to provide a forum for scholarly research on a range of topics, including biochemistry, molecular and cell biology, molecular biophysics, molecular medicine, and all aspects of molecular research in chemistry. *IJMS* publishes both original research and review articles, and regularly publishes special issues to highlight advances at the cutting edge of research. We invite you to read recent articles published in *IJMS* and consider publishing your next paper with us.

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