

Special Issue

Probiotics, Prebiotics, Synbiotics and Postbiotics in Intestinal Health and Disease

Message from the Guest Editor

The gut microbiota creates a very complex network of dependencies, containing approximately 200 to 1000 species of bacteria. It's function ranges from immunity to regulation of inflammation and gut barrier to the production of some vitamins to pathogens' growth inhibition to influencing the nervous system's development.

The current definition of probiotics developed by the Food and Agriculture Organization states that probiotics are "live microorganisms that, when administered in adequate amounts, confer a health benefit on the host". Probiotics administration seems to be the most efficient intervention in ameliorating the gut microbiota state.

This Special Issue aims to present the latest research regarding molecular aspects of the association between probiotic and prebiotic supplementation and intestinal health. We hope to present the latest knowledge on probiotic supplementation and its impact on the health of the digestive system to promote awareness among the scientific world and clinical medicine practitioners. Both original research articles and comprehensive reviews are welcomed.

Guest Editor

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Deadline for manuscript submissions

closed (31 October 2023)



International Journal of Molecular Sciences

an Open Access Journal
by MDPI

Impact Factor 4.9
CiteScore 9.0
Indexed in PubMed



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*International Journal of
Molecular Sciences*
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