

Special Issue

Natural Medicines, Functional Foods and Nutrients for Healthcare

Message from the Guest Editors

Healthcare is recognized as a scientific field and action related to maintaining or restoring physical and mental health. Today, we human beings are exposed to various stresses, and our health is threatened by diverse diseases such as cancer, metabolic disorders, age-related diseases, infectious diseases, and psychiatric disorders. There is the oriental philosophy that “medicine and food have a common origin”. We think this philosophy/concept is important for achieving healthcare. This Special Issue “Natural Medicines, Functional Foods and Nutrients for Healthcare” welcomes submissions of original articles, reviews, communications, and perspectives on natural medicines, functional foods, and nutrients for healthcare. This Special Issue aims to bring together the results of fundamental and applied research into healthcare and biologically active natural medicines, functional food ingredients, and nutrients.

Guest Editors

Prof. Dr. Yoshikazu Higami

Dr. Masaki Kobayashi

Dr. Akira Sato

Deadline for manuscript submissions

closed (30 November 2021)



International Journal of Molecular Sciences

an Open Access Journal
by MDPI

Impact Factor 4.9
CiteScore 9.0
Indexed in PubMed



mdpi.com/si/87064

*International Journal of
Molecular Sciences*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijms@mdpi.com

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Message from the Editor-in-Chief

The International Journal of Molecular Sciences (*IJMS*, ISSN 1422-0067) is an open access journal, which was established in 2000. The journal aims to provide a forum for scholarly research on a range of topics, including biochemistry, molecular and cell biology, molecular biophysics, molecular medicine, and all aspects of molecular research in chemistry. *IJMS* publishes both original research and review articles, and regularly publishes special issues to highlight advances at the cutting edge of research. We invite you to read recent articles published in *IJMS* and consider publishing your next paper with us.

Editor-in-Chief

Prof. Dr. Maurizio Battino

Department of Odontostomatologic and Specialized Clinical Sciences,
Sez-Biochimica, Faculty of Medicine, Università Politecnica delle
Marche, Via Ranieri 65, 60100 Ancona, Italy

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