

Special Issue

RNA Modifications in Response to Physical Activity: Implications for Rehabilitation and Disease Management

Message from the Guest Editors

This collection of studies delves into how RNA modulation through exercise can be harnessed to optimize rehabilitation protocols, enhance athletic performance, and aid in chronic disease management. By integrating molecular insights with clinical practice, this issue highlights innovative approaches to personalized medicine in rehabilitation and sports science.

Guest Editors

Dr. Roberto Tedeschi

Department of Biomedical and Neuromotor Sciences, Alma Mater Studiorum, University of Bologna, 40125 Bologna, Italy

Dr. Francesca Gorini

Department of Pharmacy and Biotechnology, University of Bologna, 40126 Bologna, Italy

Deadline for manuscript submissions

20 October 2025



International Journal of Molecular Sciences

an Open Access Journal
by MDPI

Impact Factor 4.9
CiteScore 9.0
Indexed in PubMed



mdpi.com/si/217692

*International Journal of
Molecular Sciences*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijms@mdpi.com

[mdpi.com/journal/
ijms](https://mdpi.com/journal/ijms)





International Journal of Molecular Sciences

an Open Access Journal
by MDPI

Impact Factor 4.9
CiteScore 9.0
Indexed in PubMed



[mdpi.com/journal/
ijms](https://mdpi.com/journal/ijms)



About the Journal

Message from the Editor-in-Chief

The International Journal of Molecular Sciences (*IJMS*, ISSN 1422-0067) is an open access journal, which was established in 2000. The journal aims to provide a forum for scholarly research on a range of topics, including biochemistry, molecular and cell biology, molecular biophysics, molecular medicine, and all aspects of molecular research in chemistry. *IJMS* publishes both original research and review articles, and regularly publishes special issues to highlight advances at the cutting edge of research. We invite you to read recent articles published in *IJMS* and consider publishing your next paper with us.

Editor-in-Chief

Prof. Dr. Maurizio Battino

Department of Odontostomatologic and Specialized Clinical Sciences,
Sez-Biochimica, Faculty of Medicine, Università Politecnica delle
Marche, Via Ranieri 65, 60100 Ancona, Italy

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, MEDLINE, Embase, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Biochemistry and Molecular Biology) / CiteScore
- Q1 (Organic Chemistry)