

## Special Issue

# The Molecular Links between Nutrients and Aging

### Message from the Guest Editor

Achieving optimal lifespan and health in humans is the underlying driving force of medical science and biomedical research. The dietary intake of nutrients is essential for the longevity of all organisms, including humans. On the other hand, dietary restrictions, with a reduction in calories without causing malnutrition, has extended the lifespan and improved the health of multiple organisms, including monkeys. Importantly, both Eastern and Western cultures value food as medicine. However, the molecular correlation between nutrients and aging is poorly understood and much remains to be explored. Thus, understanding the molecular links between nutrients and aging is very important for optimizing human lifespan and health. Please join this important discussion with the submission of your high-quality research papers, communications, and review articles to this Special Issue in the *International Journal of Molecular Sciences*, entitled "The Molecular Links between Nutrients and Aging".

### Guest Editor

Dr. Shian-Jang Yan

Department of Physiology, College of Medicine, National Cheng Kung University, Tainan 70101, Taiwan

### Deadline for manuscript submissions

closed (12 July 2023)



## International Journal of Molecular Sciences

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Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijms@mdpi.com](mailto:ijms@mdpi.com)

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### Message from the Editor-in-Chief

The International Journal of Molecular Sciences (*IJMS*, ISSN 1422-0067) is an open access journal, which was established in 2000. The journal aims to provide a forum for scholarly research on a range of topics, including biochemistry, molecular and cell biology, molecular biophysics, molecular medicine, and all aspects of molecular research in chemistry. *IJMS* publishes both original research and review articles, and regularly publishes special issues to highlight advances at the cutting edge of research. We invite you to read recent articles published in *IJMS* and consider publishing your next paper with us.

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### Editor-in-Chief

Prof. Dr. Maurizio Battino

Department of Odontostomatologic and Specialized Clinical Sciences,  
Sez-Biochimica, Faculty of Medicine, Università Politecnica delle  
Marche, Via Ranieri 65, 60100 Ancona, Italy

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