

Special Issue

Molecular Mechanism of Circadian Rhythm

Message from the Guest Editor

The Special Issue of the *International Journal of Molecular Sciences*, titled “Molecular Mechanism of Circadian Rhythm”, delves into the molecular underpinnings of circadian regulation, with a particular emphasis on the modulating effects of exercise. The articles presented will explore the connections between the circadian cycle, aging, health, and physical exercise. By examining these multifaceted interactions from a molecular perspective, we aspire to foster a deeper understanding of the role of circadian rhythms in maintaining human health and offer new avenues for intervention.

Guest Editor

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Message from the Editor-in-Chief

The International Journal of Molecular Sciences (*IJMS*, ISSN 1422-0067) is an open access journal, which was established in 2000. The journal aims to provide a forum for scholarly research on a range of topics, including biochemistry, molecular and cell biology, molecular biophysics, molecular medicine, and all aspects of molecular research in chemistry. *IJMS* publishes both original research and review articles, and regularly publishes special issues to highlight advances at the cutting edge of research. We invite you to read recent articles published in *IJMS* and consider publishing your next paper with us.

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