Special Issue

New Insights and Research on Nutrition and Obesity

Message from the Guest Editor

Global health has focused on two distinct issues in nutrition: overnutrition, and undernutrition. However, both conditions are increasingly being seen in the same population, and the double burden of malnutrition plays an important part in the pathology of obesity-related diseases. It is, therefore, paramount to better characterize the importance of nutrition and specific nutrients as risk factors for disease susceptibility and severity: this can only be achieved if the cellular and molecular mechanisms affected by nutrients in the context of obesity and chronic diseases are fully elucidated.

This Special Issue will focus on research aimed at determining molecular links between nutrition and obesity or associated diseases in different population groups. Studies that aim to characterize the molecular mechanisms by which nutrition or nutrients may contribute to the prevention, management, or treatment of obesity and associated diseases and provide more specific guidance for sub-groups whose nutrient requirements may differ substantially from the norm will be considered for publication.

Guest Editor

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Deadline for manuscript submissions

closed (20 July 2025)



International Journal of Molecular Sciences

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Message from the Editor-in-Chief

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