

Special Issue

Gluten/Wheat-Related Disorders: The Role of Nutrition, Gut Barrier, Microbiota, and New Therapeutic Strategies

Message from the Guest Editor

Gluten-related disorders (GRDs) include distinct conditions, specifically celiac disease (CD), wheat allergy (WA), and non-celiac gluten/wheat sensitivity (NCGWS). Currently, the sole effective treatment for CD is a stringent GFD. However, some patients continue to experience symptoms and exhibit partial villus atrophy due to gluten exposure, indicating that the GFD may not fully manage symptoms. Emerging therapeutic strategies being explored include gluten proteolysis, removal of gluten from the digestive system, promotion of tight junction integrity, inhibition of transglutaminase 2, utilization of probiotics, and immunotherapy. This Special Issue of *IJMS* aims to showcase the latest developments in GFD and other GRDs from a comprehensive viewpoint. It covers areas such as diet and nutrition, innovative techniques for gluten analysis, evaluation of gut barrier integrity, case reports featuring molecular-level data analysis, and complementary or alternative treatments, such as gluten-free wheat flours, probiotics, and medications.

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Deadline for manuscript submissions

20 September 2026



International Journal of Molecular Sciences

an Open Access Journal
by MDPI

Impact Factor 4.9
CiteScore 9.0
Indexed in PubMed



mdpi.com/si/230168

*International Journal of
Molecular Sciences*
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