Message from the Guest Editors

Dear Colleagues,

Dietary guidelines around the world recommend the increased consumption of fruits and vegetables, as good sources of dietary fiber, essential nutrients, and phytochemicals, to improve global health and reduce chronic disease risk. A diet rich in fruits and vegetables is indeed associated with a lower incidence of several degenerative pathologies, including obesity, diabetes, cardiovascular diseases, and cancer. In the last few years, numerous studies have demonstrated a wide range of biological properties and healthy benefits exerted by dietary phytochemicals, highlighting their beneficial role both in the prevention and in the treatment of several diseases. At the same time, functional foods have gained an enormous interest all around the world.

The main aims of the Special Issue is to be an open forum where researchers may share their investigations and findings in this promising field.

Prof. Dr. Maurizio Battino
Dr. Francesca Giampieri
Guest Editors
Message from the Editorial Board

The International Journal of Molecular Sciences (IJMS, ISSN 1422-0067) is an open access journal, which was established in 2000. The journal aims to provide a forum for scholarly research on a range of topics, including biochemistry, molecular and cell biology, molecular biophysics, molecular medicine, and all aspects of molecular research in chemistry. IJMS publishes both original research and review articles, and regularly publishes special issues to highlight advances at the cutting edge of research. We invite you to read recent articles published in IJMS and consider publishing your next paper with us.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High visibility: indexed by the Science Citation Index Expanded (Web of Science), MEDLINE (PubMed), Scopus and other databases.

Rapid publication: manuscripts are peer-reviewed and a first decision provided to authors approximately 15.7 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the first half of 2019).

Contact Us

International Journal of Molecular Sciences
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
Fax: +41 61 302 89 18
www.mdpi.com

mdpi.com/journal/ijms
ijms@mdpi.com
@IJMS_MDPI