



## Natural Medicines, Functional Foods and Nutrients for Healthcare

Guest Editors:

**Prof. Dr. Yoshikazu Higami**

Laboratory of Molecular  
Pathology and Metabolic  
Disease, Faculty of  
Pharmaceutical Sciences, Tokyo  
University of Science, Noda,  
Japan

**Dr. Masaki Kobayashi**

Laboratory of Molecular  
Pathology & Metabolic Disease,  
Faculty of Pharmaceutical  
Sciences, Tokyo University of  
Science, 2641 Yamazaki, Noda,  
Chiba 278-8510, Japan

**Dr. Akira Sato**

Department of Biochemistry &  
Molecular Biology, Faculty of  
Pharmaceutical Sciences, Tokyo  
University of Science, Chiba,  
Japan

### Message from the Guest Editors

Dear Colleagues,

Healthcare is recognized as a scientific field and action related to maintaining or restoring physical and mental health. Today, we human beings are exposed to various stresses, and our health is threatened by diverse diseases such as cancer, metabolic disorders, age-related diseases, infectious diseases, and psychiatric disorders. There is the oriental philosophy that “medicine and food have a common origin”. We think this philosophy/concept is important for achieving healthcare. This Special Issue “Natural Medicines, Functional Foods and Nutrients for Healthcare” welcomes submissions of original articles, reviews, communications, and perspectives on natural medicines, functional foods, and nutrients for healthcare.

This Special Issue aims to bring together the results of fundamental and applied research into healthcare and biologically active natural medicines, functional food ingredients, and nutrients.

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# Special Issue



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### Prof. Dr. Maurizio Battino

Department of  
Odontostomatologic and  
Specialized Clinical Sciences,  
Sez-Biochimica, Faculty of  
Medicine, Università Politecnica  
delle Marche, Via Ranieri 65,  
60100 Ancona, Italy

## Message from the Editor-in-Chief

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International Journal of Molecular  
Sciences Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

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