



Metabolic Syndrome: From Molecular Mechanisms to Novel Therapies

Guest Editors:

Prof. Dr. Manfredi Rizzo

Department of Internal Medicine
and Medical Specialties (DIMIS),
Università degli Studi di Palermo
UNIPA, 90100 Palermo, Italy

Dr. Anca Pantea Stoian

Diabetes, Nutrition and Metabolic
Diseases Department, Carol
Davila University of Medicine and
Pharmacy, 8 Eroii Sanitari Str.,
050474 Bucharest, Romania

Dr. Ali Abbas Rizvi

Division of Endocrinology,
Metabolism, and Lipids, Emory
University School of Medicine,
Atlanta, GA, USA

Message from the Guest Editors

The metabolic syndrome (MetS) consists of a cluster of metabolic abnormalities including central obesity, insulin resistance, glucose intolerance, hypertension, and atherogenic dyslipidemia. It is rapidly emerging as a global health problem that increases the risk of developing type 2 diabetes and cardiovascular diseases. This Special Issue aims to provide an update on the latest research in MetS, shedding light on emerging markers unravelling molecular mechanisms and innovative remedies to be utilized in concert with lifestyle modifications.

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Editor-in-Chief

Prof. Dr. Maurizio Battino

Department of
Odontostomatologic and
Specialized Clinical Sciences,
Sez-Biochimica, Faculty of
Medicine, Università Politecnica
delle Marche, Via Ranieri 65,
60100 Ancona, Italy

Message from the Editor-in-Chief

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