

Special Issue

The Impact of Urban Design on Physical Activity and Social Interaction

Message from the Guest Editors

With an ever-increasing share of the urban population living in cities, the health of more and more individuals and communities depends on whether the built environment they live their lives in promotes physical activity and social interaction. The placement of buildings, the ease of entering and leaving them, the mix of land uses, road designs facilitating or hampering walking and cycling, the quality of public spaces and parks, and the proneness to crime of building design are just some of the prerequisite considerations for what lifestyles are most likely to emerge in a city. This Special Issue seeks to collect evidence on what urban design principles help to create healthy cities, here understood as places where the built environment accommodates healthy lifestyles and suppresses less-healthy ones. Authors are invited to provide empirical studies tying the built environment to human behavior, especially physical activity levels and social interactions in public spaces. Together these papers will serve as an evidence base inspiring designers of the built environment of the future.

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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