

## Special Issue

# uHealth Services and Interventions for Better Prevention and Care

### Message from the Guest Editor

Recent advances in the design of uHealth services and digital interventions are revolutionizing the way of tackling current challenges for prevention and public health. Digital tools such as mobile apps, virtual coaching systems, and telecare solutions are providing new opportunities for offering more engaging strategies to promote healthy lifestyles in the nonclinical population and for delivering therapies that are more scalable and sustainable for the healthcare system to manage. However, understanding how to best tailor these new uHealth services and interventions to the needs and preferences of users is a complex task, requiring multidisciplinary knowledge and the deployment of iterative design and evaluation methods. More evidence-based research is needed to fully assess the feasibility and effectiveness of these new solutions, to prevent possible concerns and rejection by users or by healthcare professionals that may lower the potential impact of future uHealth. In this Special Issue, we aim to cover the full spectrum of uHealth-related research that includes theoretical, methodological, original qualitative and quantitative research, as well as review articles.

---

### Guest Editor

Prof. Dr. Silvia Gabrielli

Digital Health Research, Bruno Kessler Foundation, 38122 Trento, Italy

---

### Deadline for manuscript submissions

closed (31 May 2024)



## International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 8.5  
Indexed in PubMed



[mdpi.com/si/95179](https://mdpi.com/si/95179)

*International Journal of  
Environmental Research and  
Public Health*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)





# International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 8.5  
Indexed in PubMed



[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)



## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

---

### Editor-in-Chief

Prof. Dr. Paul R. Ward

Centre for Public Health, Equity and Human Flourishing, Torrens  
University Australia, Adelaide 5000, Australia

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

#### Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)