# **Special Issue**

# Students' Adjustment and Mental Health

# Message from the Guest Editors

We are pleased to announce the Special Issue entitled "Students' Adjustment and Mental Health". Mental health is a state of well-being that allows people to acquire and develop cognitive, emotional, and social competencies, which lead them to deal with life challenges and stressors effectively. There is a solid need to deepen our knowledge of promoting resources to enhance students' mental health and shield them from maladjustment. Factors that should be observed are many and different, such as school cultures and climate, teachers' support, peer support, parenting styles, training programs, evidence-based interventions, and policy programs. Furthermore, the increasing rate of young people's troubles due to the lockdown restrictions requires monitoring the well-being index and analyzing the effect of COVID-19 on their mental health. This Special Issue addresses this topic by inviting scholars to share findings, perspectives, and approaches, to foster students' well-being and adjustment inside and outside of the school context.

# **Guest Editors**

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# Deadline for manuscript submissions

closed (31 July 2023)



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# Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers.

Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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# Editor-in-Chief

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