Special Issue

Stroke: Athletes, Cardiac Risk, Physical Fitness, and Fatigue

Message from the Guest Editor

Strokes can occur in all ages, and recent statistics state that over 25% of strokes happen in working-age individuals, children, and even babies. Strokes affect one in 10.000 people between the ages of 14 and 45: however, very little is known about the frequency and type of strokes that happen in athletes. However, it does occur, as in the case of three Olympians: a retired track star who suffered a stroke; a three-time gold medal winner in rowing who suffered a spinal stroke; and a four-time Olympic speed skater who had a stroke during training. The Masters Athlete Screening Study (2018) has suggested that older athletes may have a higher incidence of cardiovascular disease than non-athletes of the same age with similar risk factors. However, these examples span the age range of 30-50 years of age. Therefore, it seems timely to invite you to submit original research, reviews, case studies, and/or narratives on strokes in athletes to this Special Issue.

Guest Editor

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Deadline for manuscript submissions

closed (1 September 2020)



International Journal of Environmental Research and Public Health

an Open Access Journal by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/37584

International Journal of Environmental Research and Public Health Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 ijerph@mdoi.com

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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