Special Issue

Stress Across the Lifespan in Canada: From Risk to Management

Message from the Guest Editor

Over 1 in 4 Canadians report daily stress levels in the high to severe range. Chronic perceived stress is an insidious phenomenon associated with adverse health outcomes. Consequently, the development of low-cost strategies that minimize the effect of stress on individuals of all ages is paramount. It is therefore important to bring together scientists, clinicians, and innovators who are dedicated to turning stress-related theory into practice. In May of 2021, the inaugural Canadian Stress Research Summit (CSRS, https://www.rverson.ca/canadian-srs/) welcomed over 200 delegates to disseminate stress-related research across Canada. We are excited to extend the 2021 CSRS theme Stress Across the Lifespan: From Risk to Management to a Special Issue of the International Journal of Environmental Research and Public Health (IJERPH). We are welcoming full paper submissions of research that was presented at the 2021 CSRS for publication in *IJERPH* (Impact Factor 3.390). Delegates of the 2021 conference will receive a 20% discount on the Article Processing Charges. We are also welcoming outside submissions that focus on stressrelated research in Canada.

Guest Editor

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Deadline for manuscript submissions

closed (31 December 2022)



International Journal of Environmental Research and Public Health

an Open Access Journal by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/98701

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers.

Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

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