

Special Issue

Effect of Sport Activity on Health Promotion 2019

Message from the Guest Editor

Health promotion has two general ideas: one is to inhibit the aggravation of illness for disabilities and patients with severe diseases, and the other is to increase physical strength and immunity among healthy people. The physical activity of patients with dementia is included in this; Furthermore, we need to inhibit the aggravation of illness. Nutrients and rest and exercise are necessary to promote health. We welcome contributions from diverse fields that focus on physical activity and sports.

Guest Editor

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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