

# Topical Collection

## Sleep in Children

### Message from the Collection Editors

We are pleased to invite you to contribute to this Topical Collection focusing on a child's sleep. A young child engages in sleeping activities more than in any other activity during the 24-hour cycle. However, what constitutes sleep behavior and sleep patterns suitable for a child's development remain open questions. In addition, to date, a growing body of studies suggest that sleep-related pathology may cause, mimic, or exacerbate daytime symptomatology across development. The aim of this Topical Collection is, therefore, to increase our understanding of the role of sleep in children. Studies investigating the outcomes of poor sleep, the impact of poor health on a child's sleep, as well as environmental influences (e.g., family, sleep environment) on a child's sleep are solicited. Similarly, studies on the treatment or management of pediatric sleep disorders, or new devices and apps to track or monitor their sleep are welcomed. This Topical Collection invites manuscripts reporting original research and reviews, investigating the sleep of children—newborns, infants, toddlers, school-aged children and adolescents.

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## International Journal of Environmental Research and Public Health

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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