

Special Issue

Sleep Apnea Syndrome

Message from the Guest Editor

Dear colleagues, Obstructive sleep apnea (OSA) is a prevalent sleep disorder characterized by upper airway obstruction during sleep. OSA is associated with adverse clinical outcomes, including cardiovascular disease, hypertension, cognitive impairment, metabolic abnormalities, and mortality. OSA is also a cause of huge economic burden to society manifested through lost productivity, motor vehicle accidents, and workplace accidents. However, evidence of the prevalence of OSA, especially severe OSA, is limited, and there is insufficient information concerning the screening for or treatment of OSA in asymptomatic adults or in adults with unrecognized symptoms. The present Special Issue is aimed not only at reporting the outcomes and prevalence of OSA, but also at new approaches, methodologies, and perspectives regarding the screening and diagnosis of OSA.

Guest Editor

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Deadline for manuscript submissions

closed (30 January 2020)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 9.8
Indexed in PubMed



mdpi.com/si/20606

*International Journal of
Environmental Research and
Public Health*

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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