

## Special Issue

# Promotion of Children's Social-Emotional Learning and Development

### Message from the Guest Editors

Health and wellbeing are the bases for learning and adaptation to multiple present-day demands. Health and wellbeing are partly shaped by energy-balance-related behaviors (EBRBs). Evidence suggests that self-regulation (SR)—the ability to regulate stress-induced behavior during emotionally loaded moments—is linked to EBRB well. In addition, SR is linked to behavior needed in learning throughout life. Genetically programmed development of SR skills is closely intertwined in environmental inputs. Social environment in particular molds behavior toward increasing the ability to monitor and manage emotions during a diversity of stressors.

The purpose of the current Special Issue is to increase knowledge about interconnections between EBRBs and SR and to share evidence on environments that boost or jeopardize the development of EBRB and SR abilities. In an optimal environment, responsible adults can recognize children's emotional messages and respond to signs of emotional overload adequately.

---

### Guest Editors

Prof. Dr. Nina Sajaniemi

Dr. Maryam Zarra-Nezhad

Dr. Carola Ray

---

### Deadline for manuscript submissions

closed (30 September 2022)



## International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 8.5  
Indexed in PubMed



[mdpi.com/si/65169](https://mdpi.com/si/65169)

*International Journal of  
Environmental Research and  
Public Health*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)





# International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 8.5  
Indexed in PubMed



[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)



## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

---

### Editor-in-Chief

Prof. Dr. Paul R. Ward

Centre for Public Health, Equity and Human Flourishing, Torrens  
University Australia, Adelaide 5000, Australia

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

#### Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)