

## Special Issue

# Self-Control, Compliance and Adherence to Health Prescriptions

### Message from the Guest Editors

Adherence behavior is usually defined as compliance with one or more prescriptions provided by another person, usually a health worker. Today, the world is experiencing a terrible pandemic that has killed almost half a million persons and infected many millions in only six months. Lacking an effective treatment or vaccine to prevent the COVID-19, the only way to face this pandemic infection is through confinement and following strict instructions on social interpersonal distance in order to prevent transmission of the virus, provided by health and government authorities. Then, adherence to these prescriptions becomes essential to stopping and facing the pandemic. This is an important moment to revise and to enhance scientific knowledge of what characteristics the instructions and the provider must have to facilitate compliance. Additionally, risk behaviors are very important in this context, for both the individual and the community; therefore, knowledge of how to take risk and how to avoid it is crucial, too.

### Guest Editors

Dr. Javier Herruzo

Dr. Antonio Fernández Parra

Dr. Francesca Cavallini

Prof. Dr. Christoph Bördlein

### Deadline for manuscript submissions

closed (28 February 2023)



## International Journal of Environmental Research and Public Health

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Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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### Editor-in-Chief

Prof. Dr. Paul B. Tchounwou  
RCMI Center for Urban Health Disparities Research and Innovation,  
Richard N. Dixon Research Center, Morgan State University, Baltimore,  
MD 21251, USA

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