

## Special Issue

# Screen Use, Physical Activity and Indoor/Outdoor Environments

### Message from the Guest Editors

This Special Issue focuses on the intersection between screen use and physical activity across both indoor and outdoor environments. Regular participation in physical activity provides important health benefits for children and adults. Nonetheless, in many countries, population levels of physical activity are low. This is at least partly attributable to an increase in sedentary screen use during leisure and occupational time. There is strong evidence already for the influence of outdoor environmental factors on physical activity participation. However, children and adults in developed countries now spend the vast majority of their time in indoor environments such as at home, work, and school, which are more likely to facilitate screen use and limit physical activity. Technological advances have largely led to an increase in screen use and sedentariness at a population level. Nevertheless, technology, including screens, also has the capacity to facilitate physical activity, with examples including active gaming, physical activity apps, and smartphone monitoring.

### Guest Editors

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### Deadline for manuscript submissions

closed (31 January 2021)



## International Journal of Environmental Research and Public Health

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CiteScore 8.5  
Indexed in PubMed



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*International Journal of  
Environmental Research and  
Public Health*  
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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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