

Special Issue

Evidence for the Salutary Effects of Nature-Based Interventions (NBI) for Clinical and Public Health Practice

Message from the Guest Editor

This Special Issue solicits reports of studies that use empirical methods or provide other high-quality evidence that tests hypotheses about nature-based interventions and their impact on health outcomes. The purpose is to facilitate the transfer of information from basic researchers to practitioners who wish to incorporate NBIs into their practice to improve the health outcomes of individuals and populations. Scientific evidence supporting the salutary role of nature to humans has increased and become increasingly rich in discussions of who benefits and under what conditions; evidence that has only increased in the presence of the COVID-19 pandemic. Evidence indicates that salutary effects of access to nature can be gained through both passive and active engagement, but that not everyone benefits equally. Additionally, salutary effects can be derived not only from highly vegetated “green” spaces, but also from areas dominated by water bodies (blue spaces), or primarily geological features (e.g., deserts (red spaces)).

Guest Editor

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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