

Special Issue

Promotion of Health for Urban Preschool Children: Connecting the Dots

Message from the Guest Editor

According to the UN, the majority of the world's population is now living in urban settings. This movement from a rural to an urban habitat is increasingly linked to a system of toxic health issues for adults and children. One of the largest examples of such health effects is the increase of noncommunicable diseases, including heart disease, cancer, and diabetes. These diseases are generating a snowball of negative health and economic consequences for families and society in general. Among the most vulnerable populations for these diseases are urban preschool children.

This Special Issue in the International Journal of Environmental Research and Public Health aims to elucidate the possible factors related to promoting healthy lifestyle habits in families with preschool children living urban settings. The range of the related topics might be too wide, so we have focused this Special Issue on topics describing the links between outdoor time (reflected in activity levels) and eating habits in preschool children living in urban areas and how these influence health outcomes.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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