

## Special Issue

# Physical Activity, Exercise, Sports, and Affective and Cognitive Wellbeing

### Message from the Guest Editor

The goal of this Special Issue is to address these unsolved issues, advance our understanding of the affective and cognitive benefits of physical activity, exercise, and sports, and explore factors that potentially influence the motivation for physical activity, exercise, and sports. Any topics relevant to the association between physical activity, exercise, sports (either acute or chronic), and cognitive functions, affective wellbeing, and mental health are welcome. The subjects can be healthy human volunteers or clinical patients of different ages and backgrounds. Article types include, but are not limited to, original research, short communications, clinical trials, reviews, meta-analyses, and case-reports. For original research and short communications, the design can be cross-sectional, longitudinal, or interventional.

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### Guest Editor

Dr. Chong Chen

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### Deadline for manuscript submissions

closed (31 May 2025)



## International Journal of Environmental Research and Public Health

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

Prof. Dr. Paul B. Tchounwou  
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