

Special Issue

Association of Physical Fitness and Motor Competence with Health and Well-Being in Children and Adolescents

Message from the Guest Editors

This Special Issue aims to highlight the importance of physical fitness and motor competence for the health and well-being of children and adolescents, by providing an interdisciplinary platform for research addressing this topic. Manuscripts for consideration in this Special Issue can either describe original research or review the scientific literature. In addition, we welcome manuscripts that discuss theoretical models informing the design of interventions that target physical fitness and motor competence in children and adolescents, in order to increase future public health.

Guest Editors

Prof. Dr. Clemens Drenowatz

Division of Sport, Physical Activity and Health, University of Education
Upper Austria, 4020 Linz, Austria

Prof. Dr. Klaus Greier

Department of Sport Science, University of Innsbruck, 6020 Innsbruck,
Austria

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

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