

Special Issue

Promoting Health: Physical Education, Physical Activity and Well-Being in Children and Adolescents

Message from the Guest Editor

Studies highlighting the importance of regular physical activity as a healthy practice and numerous investigations have shown that the practice of physical activity contributes positively to psychosocial wellbeing in the population. In this Special Issue we are inviting researchers from different academic disciplines (physical education, psychology, sociology, medicine, etc.) to address the study of physical activity as a central variable in achieving a healthier population from a multiple or bio-psychosocial point of view. We are looking for studies that analyze the subject within the school context through physical education lessons, in free time outside school, or indeed studies with adult and elderly populations. The proposal is open to cross-sectional, longitudinal, and intervention studies that apply quantitative, qualitative or mixed methodologies. Systematic reviews, meta-analyses and proposals for new measuring instruments are also welcomed.

Guest Editor

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Deadline for manuscript submissions

closed (30 September 2022)



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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

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