Special Issue

The Influence of Psychosocial Factors in Healthy Aging

Message from the Guest Editors

Aging is a psychosocial process which becomes evident today more than ever, as it is expected that two billion of people wordwide will be more tan 60 years in 2050. As the biological activity of a human body decreases, its ability to regenerate and adapt decreases, sometimes leading to increased susceptibility to various illnesses. Involutional changes and ailments related to aging may correspond to the already existing health problems. As a result, multiple morbidities, polipharmacy and serious geriatric problems may develop. The main goal of the current Special Issue is addressed to understand the different psychological factors, that work together in order to get later life without disabilities, increasing the quality of life and function in older age.

Guest Editors

Dr. Carmen de Labra Pinedo

Prof. Dr. Marta Elena Losa-Iglesias

Prof. Dr. Daniel López-López

Prof. Dr. Ricardo Becerro de Bengoa Vallejo

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers.

Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation, Richard N. Dixon Research Center, Morgan State University, Baltimore, MD 21251, USA

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