Special Issue

Obstetrics-Gynecology and Women's Health

Message from the Guest Editors

First, use of the appropriate techniques to make the patient as comfortable as possible during the first pelvic examination is key to establishing a long-term relationship with this age group. Moreover, preventive health in this patient population is key, and practitioners should become comfortable with providing education about topics as diverse as sexuality, eating disorders, and dating violence. On the other hand, perinatal medicine of young patients with an emphasis on the methods of labour pain relief brings lots of health challenges as well. In young women, menstruation disorders become the most common complaint requiring the attention of the gynecologist. Polycystic ovarian syndrome can develop in early puberty and carry its consequences into adulthood. Infertility, diabetes. and hirsutism mark the most important components of the syndrome and require age-appropriate management. Finally, the consequences of endometriosis on the future fertility of adolescents have brought early intervention to light.

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers.

Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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