

Special Issue

Promoting Nutrition and Physical Activity in Education and Care Settings

Message from the Guest Editors

Lifestyle behaviors including nutrition and physical activity track from childhood into adulthood, increasing the risk of developing both long and short-term chronic morbidities. The World Health Organization has recommended that education and care settings, including schools and childcare centers, play a role in supporting the development of healthy eating and activity behaviors. This Special Issue seeks to focus on policy-relevant and pragmatic studies undertaken in these settings that are related to improving diet, physical activity, and sedentary behaviors. In particular, we are looking for studies that have broader external validity, and have considered issues related to implementation, scaling up and cost. We are considering a range of research papers, including systematic reviews, trial and cost outcomes of interventions and/or high quality descriptive research. We look forward to receiving your excellent submissions.

Guest Editors

Dr. Sze Lin (Serene) Yoong

Dr. Nicole Nathan

Prof. Dr. Rebecca Golley

Deadline for manuscript submissions

closed (30 September 2021)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/45425

*International Journal of
Environmental Research and
Public Health*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)