

## Special Issue

# Diet and Nutrition: Metabolic Diseases

### Message from the Guest Editor

Nutrition (food) is composed of proteins, carbohydrates, and fats, broken down by enzymes in the digestive system, and the body uses these to store them in the liver, muscle tissues, or body fat.

Metabolic disorders are caused by deficiencies or excesses of the nutrients altering our healthy state, deficiencies of enzymes necessary to a specific chemical reaction, abnormal chemical reactions that make metabolic processes difficult, and organ diseases in the liver, pancreas, or endocrine glands.

The most common metabolic diseases are the two types of diabetes. Prediabetes, metabolic syndrome, non-alcoholic fatty liver disease, dyslipidemia, and arterial hypertension are the principal pathologies that are related to overweight and obesity, especially with abdominal fat distribution. Papers addressing these topics are invited for this Special Issue, especially those combining the relation of diet and nutrition in the prevention or the treatment of metabolic disorders.

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### Guest Editor

Prof. Dr. Iñaki Elío

Research Group on Foods, Nutritional Biochemistry and Health,  
Universidad Europea del Atlántico, 39011 Santander, Spain

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### Deadline for manuscript submissions

closed (31 December 2023)



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Editorial Office

MDPI, Grosspeteranlage 5

4052 Basel, Switzerland

Tel: +41 61 683 77 34

[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,  
Richard N. Dixon Research Center, Morgan State University, Baltimore,  
MD 21251, USA

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