

Special Issue

Advances in Nature-Based Therapies and Human Health

Message from the Guest Editors

Nature-based therapies (NBT) can include both aspects and are always goal-orientated interventions, i.e., have a clear and well-defined clinical outcome for the client, the therapist and the client. NBT contains many parts, such as the choice of location, choice of team, choice of activities, etc. It is important for the continued development in the field that all these parts are carefully described. As interest increases, the demands for evidence-based development in the area also increase. This can be documented and described in study protocols, theoretical and/or conceptual papers, or in papers reporting on studies investigating the health benefits of NBT for different target groups. The study design may vary from randomized controlled trials, controlled trials, longitudinal studies, case studies and evaluation of best practices.

Guest Editors

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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