# Special Issue

# Mental Health Literacy

# Message from the Guest Editor

Mental health literacy (MHL) is a multifaceted concept including several components: (1) maintenance of positive mental health, (2) recognition of mental disorders, (3) mental illness stigma attitudes, (4) help-seeking efficacy (i.e., knowing when and where to receive mental health services), and (5) help-seeking attitude. MHL is associated with positive attitudes toward seeking professional psychological help as well as the utilization of mental health care. MHL is also associated with positive mental health outcomes (e.g., psychological well-being). Papers addressing the abovementioned components, including survey research, intervention studies, systematic reviews, and meta-analyses, are invited for this Special Issue.

## **Guest Editor**

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# Deadline for manuscript submissions

closed (30 March 2023)



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# Editor-in-Chief

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