

Special Issue

Mental Health Intervention and Self-Regulation in Childhood and Adolescents

Message from the Guest Editors

The main objective of this Special Issue is to explore how self-regulation can become a fundamental element that underlies much of the behavior, both adapted and maladaptive, which develops during childhood and adolescence. In general, this issue aims to collect original contributions that work on issues related to the influence of self-regulation on the personal, social, and academic development of children and adolescents. In this way, work can be presented that takes into account the self-regulation of behavior and its influence on aspects such as learning difficulties, behavioral problems, and involvement in risky behavior or mental health problems. Likewise, special consideration will be given to studies that present innovative interventions to develop self-regulation from early stages of development; work carried out on topics of clear social interest; or that implement longitudinal studies.

Guest Editors

Prof. Dr. M. Carmen Pichardo Martínez

Department of Evolutionary Psychology and Education, Universidad de Granada, 18071 Granada, Spain

Prof. Dr. Miriam Romero-López

Department of Evolutionary Psychology and Education, Universidad de Granada, 18071 Granada, Spain

Deadline for manuscript submissions

closed (31 July 2022)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/55095

*International Journal of
Environmental Research and
Public Health*

Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)