

Special Issue

Non-communicable Diseases and Healthy Lifestyle Behaviors in Low- and Middle-Income Countries

Message from the Guest Editors

Although 85% of premature deaths caused by non-communicable diseases (NCDs) occur in low-middle income countries, most of the current knowledge about lifestyle behaviors and prevention of NCDs is still generated in studies conducted in high-income countries. Improving understanding of the role of healthy lifestyle behaviors in the prevention and treatment of NCDs in LMIC is urged, albeit challenging. In LMIC, infectious diseases and injuries still account for much of the health burden, and lifestyle behavior research may not be a priority. Additionally, some LMICs are constantly threatened by humanitarian crises, economic and sociopolitical instability, with a substantial proportion of the population facing underemployment and informal housing, important macro determinants of behaviors. Authors are invited to submit systematic reviews/meta-analyses and original studies including novel and innovative research that focus on surveillance, determinants, health consequences and interventions addressing healthy lifestyle behaviors to reduce the risk of non-communicable diseases and improve wellbeing in low- and middle-income countries.

Guest Editors

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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