

Special Issue

Assessment and Management of Lifestyle-Related Risk Factors for the Prevention and Management of Non-communicable Disease in Primary and Community Care

Message from the Guest Editors

Non-communicable diseases (NCDs) have emerged as a leading cause of morbidity and mortality, accounting for over two-thirds of deaths globally. Most of these diseases, including ischemic heart disease, chronic obstructive lung disease, hypertension, stroke, obesity, and type 2 diabetes, are caused or substantially influenced by lifestyle behavior and choices. The lifestyle behaviors that contribute unequivocally to these NCDs are smoking, poor nutrition, physical inactivity, alcohol consumption, stress, and sleep. Primary care (PC) is the optimal setting to address these behaviors to prevent, reverse, and manage NCDs. Primary care links secondary and tertiary health care and community services, acting as the linchpin for inter-sectoral NCD prevention and management. This Special Issue hopes to attract studies providing cutting edge information through high-quality and multi-disciplinary research that enhances our evidence base related to the assessment and management of lifestyle-related factors in primary and community care settings.

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Deadline for manuscript submissions

closed (8 July 2022)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/48341

*International Journal of
Environmental Research and
Public Health*

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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