Special Issue

Healthy School in COVID-19: Health Promotion Issues and Challenges

Message from the Guest Editors

Children's physical, mental and social health has been a worrying problem in recent decades. The COVID-19 pandemic produces extra difficulties to this problem, such as sport parks/playgrounds closing and social distancing measures. According to recent studies, environmental restrictions have induced negative health outcomes to children's lifestyle and daily activities including less outdoor PA time, declining PF, higher screen time, poorer sleeping, higher rate of myopia and obesity, etc. School could be the most ideal venue to provide a safe, resourceful, and organized environment for children's growth and development under the new normal once schools open for children's regular activities. The investigation of how to promote PA and tackle challenges in school during the pandemic will have significant and long-term influence on promoting children's PA, PF, SB, and overall health. Research based on prospective longitudinal studies, random controlled trials, meta-analyses, intervention methods, and the application of these methods on this topic are invited for this Special Issue.

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers.

Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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