

Special Issue

Interventions to Promote Healthy Movement Behaviours in Early Childhood Education and Care Settings

Message from the Guest Editors

Countries such as Canada and Australia have recently released 24-hour Movement Guidelines for the early years and national physical literacy standards highlighting the importance of early movement behaviours and physical development on later health (i.e., chronic diseases such as obesity) and developmental trajectories (e.g., academic achievement). Young children spend a significant amount of time in early childhood education and care (ECEC) services. ECEC is thus an important setting to promote early child movement behaviours related to physical activity, sedentary behaviour, and sleep, as well as development-related outcomes such as physical literacy. This Special issue seeks papers on early childhood education and care interventions focused on movement behaviours such as physical activity, sedentary behaviour, and sleep, as well as related developmental outcomes such as physical literacy. Intervention studies with a focus on the scale up and implementation of strategies at a population level are a priority.

Prof. Dianne Stanton Ward

Guest Editors

Dr. Hayley Christian

Prof. Stewart Trost

Prof. Dr. Dianne S. Ward

Deadline for manuscript submissions

closed (31 December 2019)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/21602

*International Journal of
Environmental Research and
Public Health*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)