

Special Issue

Promotion of Health Habits to Prevent and Treat Mental and Neurological Disorders

Message from the Guest Editors

We are organizing a Special Issue focused on the importance of the promotion of health habits, for example, through a nutrition and physical activity intervention, in the prevention and treatment of different neurological disorders. It is a pleasure to invite you to submit an article on this topic. The article may be either a research article or a review or a case report based on your own research in this area. The effects of a good nutrition and use of supplementation with, for example, natural antioxidants as well as the effects of physical activity in different diseases of the nervous systems should be highly beneficial. The prevention of different mental and neurological diseases such as neurodegenerative diseases or neuropsychiatric disorders is a priority to address today. In the same vein, a good nutritional intervention as well as the development of adequate physical activity can play a fundamental role in the treatment of some of these disorders.

Guest Editors

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Deadline for manuscript submissions

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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