

Special Issue

Promoting Health for Adolescents

Message from the Guest Editor

Chronic diseases and premature death can often be linked to social, environmental, and behavioural factors that are subject to modification, especially during adolescence when a number of complex biological, physical, and behavioural transformations take place, as well as when many habits—both good and bad—are formed. Therefore, the actions, exposure, and behaviours during this period leave an indelible mark on the capacity to fulfil one's health potential.

Approaches studying adolescent health that relate to disease prevention, health protection, health promotion, and health literacy form the core of this Special Issue.

Novel discoveries and methods relating to biological, psychosocial, and environmental components are particularly welcome. This new Special Issue on promoting health for adolescents is characterized by advanced research methods, such as prospective longitudinal designs, random controlled trials, meta-analyses, innovative technologies, and the application of these methods and technologies in specific population groups, including clinical populations as well as communities stratified by socioeconomic criteria.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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