Special Issue

Handball: Sport and Health

Message from the Guest Editors

Handball is one of the most popular sports in many countries around the world. This social importance does not escape researchers, who analyze handball from different approaches (technical, psychological, physiological, physical, etc.). Scientific contributions from different fields of research are improving the training of young players, optimizing training processes, increasing the performance of players, and caring for their health. The International Handball Congress is an event where the latest research results on handball are presented in a transversal way. The scientific contributions made at this event should be disseminated in quality scientific publications, in order to increase the knowledge about this sport. The aim of this Special Issue is to attract articles that present new trends and advances in the analysis of factors improving training, performance, and health in handball.

Guest Editors

Dr. Manuel Gómez-López

Prof. Dr. Luis Javier Chirosa Ríos

Prof. Dr. Sebastian Feu

Dr. Antonio Antúnez

Deadline for manuscript submissions

closed (12 April 2023)



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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers.

Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

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